



PRE-OPERATIVE GUIDELINES

INSTRUCTIONS FOR PATIENTS WHO WILL BE RECEIVING SURGICAL TREATMENT

For your comfort, your surgery will be performed utilizing a combination of local anesthetics. You will be offered the use of a blanket and wireless headphones to listen to the music of your choice, via internet radio. In some circumstances, a neck pillow is offered for your comfort, as long as it doesn't interfere with your or Dr. Moulton's positioning, compromising an ideal treatment outcome.

For your safety, it is necessary that you follow the instructions below:

1. Take your usual prescribed medications as well as those which have been prescribed for you in preparation for your surgery. Do not take any aspirin or aspirin-containing medications for at least **three** days prior to your surgery date.
2. Advise us of any medications you are taking, even over-the-counter drugs. Please do not take any medicine without the doctor's knowledge and approval.
3. **Begin taking your antibiotic 1 day prior to your procedure, unless otherwise directed by Dr. Moulton on your prescription label.**
4. Do not drink any alcoholic beverages the day of your appointment. The evening before, do not have more than 1 or 2 glasses of wine or beer, or more than 1 highball or cocktail.
5. Please arrive promptly for your appointment. **Late arrival may necessitate rescheduling of your procedure.** Allow for construction delays, weather and heavy traffic in planning your departure from home or work so that you can arrive on time. If you are early, the staff will welcome the opportunity to help you relax before your surgery.
6. If any disturbances or problems should develop after you leave our office, you should call our office (or emergency number if after normal working hours) immediately. Parents or guardians of young patients should observe the child continuously upon returning home and call us immediately if disturbances or problems should develop.
7. Please notify us if you develop a cold, sore throat, cough, stuffy nose, fever or any other illness during the days prior to your surgical appointment. If rescheduling your appointment becomes necessary, we would like to have as much advance notice as possible. **Please do not wait until the day before, or the day of, your surgery to notify us, thinking that you might get better. Our office commonly starts preparing items for your surgery several days in advance, so the lead time related to possible rescheduling is very important.**
8. **Please do not take any pain medication prior to your procedure. We will provide a dose of Ibuprofen or Tylenol at the beginning of your procedure.** The pain medication which has been prescribed for you is for use **after your treatment** and should only be taken if absolutely necessary, and taken as directed by Dr. Moulton on the prescription label.

If you have any questions after reading these guidelines,
please do not hesitate to call us for clarification.

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